

# Living in the Sidha Village, Holland

**Is there a place where one can easily integrate meditation and daily life?**

**Since 1985, this has been not a utopia but a reality in Lelystad, Netherlands!**

In a unique residential area in a quiet part of Lelystad, residents can combine their work and family life, with the practice of Transcendental Meditation and the TM-Sidhi techniques. Central to the "village" is the beautiful meditation hall where one can take part in the twice-daily group programme, in all comfort. At the primary school the children practice the TM-technique and learn Maharishi's principles of the Science of Creative Intelligence and other Vedic knowledge. There is also an Ayurveda centre, a vegetarian restaurant and a health food store. People of all kinds of backgrounds live here, making the village a colourful and lively wholeness, where one experiences both freedom and connectedness.



**harmonisch  
wonen**

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Monday and Wednesday 10.00-12.00 uur  
Wednesday 14.00-16.00 uur  
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**Have you ever considered coming to live in the Dutch Sidha village? This folder invites you to see what the Sidha village has to offer.**



The dome or "koepel"



school



Home grown vegetables in the "volkstuinten"



Vegetarian  
Restaurant



Organic foodstore

## **Housing**

There are several different possibilities in this unique Sidha-village project: small apartments; 3 room apartments or houses with garden or roof terrace; large family houses with or without garden; houses for seniors. There are houses available to rent or for sale.

## **Work**

There are a number of business premises which offer possibilities for an artist's studio, a (healthcare) practice, office space or storage facilities.

## **Meditation**

Meditation is easy to integrate into one's daily routine when the environment is geared towards the meditation programme. The "pioneers" of the village built not only living and work accommodation; they

also made group practice possible by building the mediation dome for Sidha's, and Samhita: a facility for meditators.

## **And there's much more**

There is also an ecological allotment complex, a primary school, a vegetarian restaurant which functions as a meeting place and where local artists can exhibit their work. There are several facilities for meetings and celebrations. The village boasts a host of artists, musicians, dancers and sports enthusiasts. There are a variety of

recreation opportunities within short (biking) distance, including water sports, cycling and forest walks, a nature reserve and the largest bird sanctuary in Europe.

We invite you to come and stay in one of the guest apartments and have a taste of living in a Sidha village.

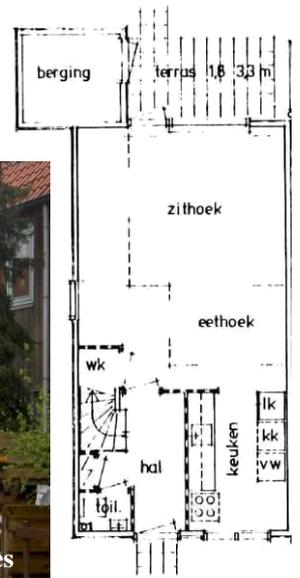
Harmonisch Wonen (Harmonious Living) rents and sells houses and business premises.

Here is a selection of the various options:

Offices Rivierenlaan



3 bedroom all wood houses



begane grond

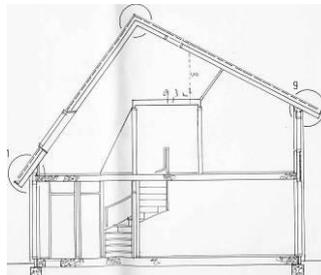


Vedic houses for seniors



Houses for seniors Amer

For more information please contact:



2 or 3 bedroom ecological houses Amer



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Facilities for artists, office and storage